

TRAILBLAZERS





Group Time Guide

Supplies Needed: Integrity Story Page.

1. Getting Started

Ask: What's something you've eaten that you never want to eat again?

2. Discussion Questions

- Who is someone you trust? What are some reasons you trust them?
- Have you heard the word "integrity"? What do you think it means?

3. Hands-On Option

Look Up and Read: Proverbs 28:13. This verse is about admitting when we do wrong.

Say This: Integrity is about choosing to do what's right, and it's also about being honest when we do something wrong. Sometimes, we think we can cover up something wrong we do by lying, hiding it, or pretending it didn't happen. This verse says, though, that the best thing to do is be honest, and admit it.

Do This: Read the story page, discussing the questions in it as you read through.

Say This: We can choose to have a bad attitude when bad things happen. We can get angry, talk back, and think about all the mean things we could do to those people who made us mad. When we do that, we're acting like this bottle of pop. Eventually, all that bad attitude builds up inside us, and we let it all loose!

The Point: What does integrity look like for us? That's kind of up to you. You know what good things you could do right now. You know if you're covering up a wrong choice you've made. Integrity might mean admitting something you've been covering up. It might also look like planning to do something good for someone else. It might look like being honest when you play a game with friends, even if you could cheat. It might look like choosing to listen to your parents, even when you don't like what they're telling you. Integrity can be challenging, but it's an important part of living the way God made us to.

4. Wrap-Up and Prayer

Ask: What is something you could choose to have a good attitude about this week?

Do This: Pray with the kids.