





Group Time Guide

Supplies Needed: Silent Sayings Page

1. Time to Talk

Look Up and Read: 1 John 5:14. This verse says that God hears us when we pray.

- If you could talk to anyone in the world for one hour, who would you talk to?
- If someone asked you why people pray, what would you tell them?
- What are some things you think it's important to pray about?

Ask: What is something that is going great right now? What is something that is difficult right now?

Pray: Talk to God, mentioning relevant things that came up in your discussion.

2. Activity

Do This: Hold on to the "Silent Sayings" page. Bring a kid up to the front of the group and show them one of the sayings to say to the others. The only catch is, they cannot make any noise, and they may only move their mouth (not their hands or feet). The others have to guess what they are saying as they mouth the words from the page. When the group guesses what they are saying, let another kid try.

Know This: If you are leading a first-grade group, you may need to mouth the words yourself and let the first graders guess.

Discuss: Why do you think Daniel prayed every day in our Bible story? (He knew God heard him and believed God would help him.)

Say This: It is hard for us to understand each other when we're not talking out loud, but did you know that God always understands you? Even if we only think words in our minds, God knows them and understands us.

The Point: No matter where we are, no matter how loudly we speak, God hears us when we talk to Him. He cares about you, and always listens when you pray.