





# Group Time Guide

Supplies Needed: “Yes vs. No” cards.

## 1. Getting Started

Encourage kids to discuss this question: What’s something you don’t like eating?

## 2. Discussion Questions

- Why do you think Bowie is acting differently? (Bowie is trying to impress his new friends.)
- What do you think Bowie should do?
- Have you ever wanted to do something, but had to say no? What happened?

## 3. Hands-On Option

**Look Up and Read:** Proverbs 12:15. This verse is about how wise it is to listen to others’ advice. When we need to make wise choices, it’s good to start by asking God and other people who are wise for help.

**Do This:** Read each of the “Yes vs. No” cards. Have kids move to one side to answer “Yes,” and the other to answer “No.” Some will be clearly “Yes” or “No” answers, and some may be up to the kid’s choice. Some are just for fun! Emphasize how saying yes to one thing usually means saying no to another and encourage kids to think about what might happen if you said yes or no to each question.

**Discuss:** What are some reasons we say “no” to things? (To keep ourselves or others safe, we have too much to do, we have something more important to do.)

**The Point:** Sometimes, saying “no” is a wise choice. You can say no when you see others doing what is wrong, or when you feel like doing something you know is wrong. If you need help, talk to God, and an adult you trust, like your parents about what’s going on.

## 4. Wrap-Up and Prayer

**Ask:** What was the best part of your week? What was something tough that happened this week?

**Do This:** Pray with the kids.